



1

1
Lauryn Ishak

PHOTOGRAPHER
Cruisin'
Page 83

Singapore-based photographer Ishak sailed through the “wild, unexpected and stunning” Raja Ampat archipelago in West Papua, Indonesia, aboard the phinisi *Alila Purnama*. “The staff is top-class and personable.” Simply being aboard was a detox: “When you show up on the boat still carrying your daily routines in your head, you expect some sort of schedule. But as the days go by, you relax, let go and you roll with the laid-back rhythm of being out on the open ocean. Time is told by when the sun rises, when you eat your meals and when the sun sets again. It was hard to leave.” *Instagram: @laurynie.*



2

2
Shoba Narayan

WRITER
The Great Game
Page 48

“The Himalayas are reason enough,” to visit Nepal, says the Bangalore-based Narayan. “It is also neat to see how the Hindu faith is practiced, as well as shades of both the ancient Chinese and Indian civilizations.” She praises the country’s first billionaire for giving back. “Binod Chaudhary was very unassuming and humble,” she says. “His lodge, Meghauli Serai, combined the warmth of Nepal’s Tharu tribe with contemporary luxury.” Trip highlight? A once-in-a-lifetime meeting: “Seeing my first one-horned rhino. It was massive and had the eyes of a gentle giant.” *Instagram: @shobanarayan.*



3

3
Simon Watson

PHOTOGRAPHER
The Way They Cook in Sicily
Page 118

Watson’s wife refers to him as the Neutron because he is constantly on the move—which may explain why he’s been to Sicily so many times. But on this assignment to capture Sicilian cuisine, he found something new. “I know Sicily well but had never been to Gangivecchio, in Gangi. It is so beautiful inside and out,” Watson says of the 14th-century abbey and remote mountain village. His advice for first-timers to the romantic southern-Italian isle is not to rush. “There is a lot to see, so pick an area. Trapani is always a great town to visit. It’s surrounded by the sea, and the food is so simple.” *Instagram: @simonpwatson.*

4
Stephanie Danler

WRITER
The Way They Cook in Sicily
Page 118

The debut novelist and former New York City waitress admits that her second trip to Sicily, where she ate her way through Palermo and beyond, was better planned than her first. “I did zero research,” she recalls of that initial visit. “The sophisticated food and energy of new restaurants caught me off guard.” She counts Sicilian capers among the local ingredients she can’t live without and says every return trip will include the town of Gangi: “The quiet in those mountains is like a decompression chamber.” *Sweetbitter*, her coming-of-age story set in a fictional Manhattan restaurant, is out now. *Instagram: @smdanler.*



4

FROM TOP: COURTESY OF LAURYN ISHAK; COURTESY OF SHOBA NARAYAN; DAVID FERNANDEZ; NICK VORDERMAN